

FOR  
**55+**

WOLLONDILLY  
**SENIORS'**  
**FESTIVAL**  
**2023**

**2 FEBRUARY - 9 MARCH**

**JOIN THE LARGEST  
CELEBRATION FOR SENIORS IN  
THE SOUTHERN HEMISPHERE!**

Try something new, meet new people  
and have a great time at loads of free and  
discounted activities across the Shire.



**Wollondilly**  
Shire Council

### HIGH TEA AT WARRAGAMBA TOWN HALL

Join Nepean Food Services for high tea with lots of friendly conversation and social connections.

**Where:** Warragamba Town Hall, 15B Fourteenth Street, Warragamba NSW 2752

**When:** Thursday, 2 February 2023

**Time:** 10.30am

**Cost:** \$10pp

**Organisation:** Nepean Food Services

**Booking & Info:** call 02 4733 7200

### GETTING STARTED WITH FAMILY HISTORY

Have you ever wanted to investigate your family history? Learn where to start and how to access free resources at the Library with the experts from Picton District Historical and Family History Society.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Monday, 6 February 2023

**Time:** 11am - 12pm

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### TALK ON FAMILY HISTORY

Join members of the Picton and District Historical and Family History Society for a second session on researching your family history, using Ancestry, searching on TROVE and much more.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Monday, 6 February 2023

**Time:** 1pm - 2pm

**Cost:** Free

**Organisation:** Picton and District Historical and Family History Society Inc

**Booking & Info:** call 0427 659 340 or email [pictonheritage@outlook.com](mailto:pictonheritage@outlook.com)

### TAI CHI

Experience the health and wellbeing benefits of Tai Chi. Tai Chi can improve strength, flexibility, and balance as well as relaxation. This gentle exercise is suitable for all skill and mobility levels.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Friday, 10 February 2023

**Time:** 1pm - 2pm OR 2pm - 3pm

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### COUNTRY WOMENS ASSOCIATION (CWA) CRAFT CIRCLE

Join the Picton CWA to get crafty and make new friends. Bring a craft you are working on or pick up a new skill with materials provided. You will get a chance to taste one of the CWA's famous dishes and take the recipe home to try for yourself!

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Monday, 13 February 2023

**Time:** 10am - 12pm

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### OPEN DAY FOR SENIORS AT TAHMOOR UNITING COMMUNITY GARDEN

Tour our lovely garden and learn about volunteer opportunities. Free lunch provided. Pot Plants and fresh produce from the garden available to purchase.

**Where:** TUCG Thirlmere Way, Tahmoor NSW 2573 (Behind Tahmoor Uniting Church)

**When:** Friday, 17 February 2023

**Time:** 11am - 1pm

**Cost:** Free

**Organisation:** Tahmoor Uniting Community Garden

**Booking & Info:** call 0413 008 205 or email: [gardensecretary@outlook.com](mailto:gardensecretary@outlook.com)

### MENANGLE MENS SHED OPEN DAY

Take the opportunity to visit our Shed, view activities and speak to members.

**Where:** Stevens Road Menangle, NSW 2568

**When:** Monday, 6 February 2023

**Time:** 9am - 12pm

**Cost:** Free

**Organisation:** Menangle Men's Shed Association Inc

**Booking & Info:** call 0409 246 117

### GRANDPARENTS STORYTIME

Join us for this special edition of our weekly Storytime. Enjoy stories, activities, songs and a hands-on activity with the grandchildren. For children aged 2 years and above.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Tuesday, 7 February 2023 & Thursday, 9 February 2023

**Time:** 10.45am - 11.30am

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### WOLLONDILLY DAMS BUS TOUR

Enjoy a day out at one of Wollondilly's beautiful Dams. Tour Includes: Transport to the Dam from within Wollondilly, Guided tour of the Dam area, Light Lunch and refreshments.

**Where:** Bus Tour to Nepean Dam (Bargo) NSW 2754

**When:** Tuesday, 7 February 2023

**Time:** 10am

**Cost:** \$40

**Organisation:** Wollondilly Tours

**Booking & Info:** call 0424 843 515 or email: [wollondillytours@gmail.com](mailto:wollondillytours@gmail.com) (Limited seats available)

### PICTON LIBRARY EXTENSION LAUNCH

We are pleased to invite you to celebrate our new-look Library top floor. You'll now have more room to study, work, play and relax.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Saturday, 18 February 2023

**Time:** 10am - 2pm

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### HANDS ON HISTORY FOR SENIORS

Take a Step Back In Time at The Heritage Centre. Explore activities from yesteryear and learn how to research your own family history. A delicious morning tea and light lunch provided.

**Where:** Wollondilly Heritage Centre, 3 Edward Street The Oaks NSW 2570

**When:** Monday, 20 February 2023

**Time:** 10am - 2pm

**Cost:** Free

**Organisation:** Wollondilly Museum and Heritage Centre

**Booking & Info:** call 0432 689 034 or email [tohs1988@bigpond.net.au](mailto:tohs1988@bigpond.net.au)

### SENIORS RIGHTS BINGO

Come along and find out more about your rights as a seniors citizen. This is a fun activity using BINGO and the charter of Aged Care Rights. Prizes Included! Seniors Rights Advocate available to discuss any concerns you might have.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Wednesday, 22 February 2023

**Time:** 10am - 2pm

**Cost:** Free

**Organisation:** Seniors Rights Service

**Booking & Info:** call 4677 9550

### THE AGE OF DANCE

This intergenerational dance session will celebrate the joy of movement and music alongside some of the littlest members of our community.

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Wednesday, 8 February 2023

**Time:** 10am - 11am

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### GROWING FRUIT TREES IN WOLLONDILLY

Join Naomi from the Tahmoor Garden Centre to learn tips and tricks on how to grow fruit trees at home and how to get the best results from your gardening efforts.

**Where:** Robin Davies Wollondilly Community Nursery, Wonga Road, Picton NSW 2571

**When:** Thursday, 9 February 2023

**Time:** 5pm - 7pm

**Cost:** Free

**Organisation:** Wollondilly Council

**Booking & Info:** call Council 4677 1100 or email [nursery@wollondilly.nsw.gov.au](mailto:nursery@wollondilly.nsw.gov.au)

### IC CARE SENIOR'S WEEK EXPO

IC Care is hosting a musical and services expo to celebrate the 2023 Seniors Week Festival! Join us for a fun day of entertainment at Narellan Community Centre.

**Where:** Narellan Community Centre, 14 Queen St, Narellan NSW 2567

**When:** Friday, 10 February 2023

**Time:** 10.30am - 1.30pm

**Cost:** Free

**Organisation:** IC Care

**Booking & Info:** call 4677 2524. Please RSVP no later than February 3rd 2023 for catering purposes.

### KNIT & YARN

Calling all knitters and crocheters! Join us to have a chat and work on your own project or use the materials provided. Beginners welcome, we are always happy to help!

**Where:** Wollondilly Library, 42 Menangle Street, Picton NSW 2571

**When:** Friday, 24 February 2023

**Time:** 11.15am - 12.30pm

**Cost:** Free

**Organisation:** Wollondilly Library

**Booking & Info:** call 4677 8300

### DEVONSHIRE TEA WITH PICTON DISTRICT CWA AT APPIN AIS HALL

Join CWA for some gorgeous homemade treats and a light lunch. Learn about what the CWA is about (it's so much more than tea and scones). Craft activities will be available on the day if you would like to tinker.

**Where:** Sportsground Parade, Appin NSW 2560

**When:** Sunday, 5 March 2023

**Time:** 11am - 2pm

**Cost:** Free

**Organisation:** Picton District Country Womens Association

**Booking & Info:** call 0413 038 662

### HEALTHY BODIES, HEALTHY MINDS PRESENTATION

How do we keep a healthy body and mind as we get older? Join Western Sydney University researcher and brain health advocate, Dr Diana Karamacoska, for an interactive workshop exploring tips for better brain health.

**Where:** Wollondilly Shire Hall 62-64 Menangle Street Picton NSW

**When:** Thursday, 9 March 2023

**Time:** 10am - 12pm

**Cost:** Free

**Organisation:** Western Sydney University

**Booking & Info:** call 4677 9550



# THANK YOU

We would like to thank our activity hosts for holding friendly and inclusive events for our older community.

Every effort has been taken to ensure that all content is correct at time of printing. You are encouraged to confirm details with the event organiser before attending.

*If you would like to receive ongoing information about seniors activities and events in Wollondilly contact Council on **4677 9550**.*